



Name: \_\_\_\_\_

Troop/Group #: \_\_\_\_\_

## Girl Scouts of Shagbark Council

### Gold Award

### Project Journal



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# Gold Award Journal

## STEP 1: ORGANIZE

### Build a Framework:

A framework is the supporting structure needed to successfully complete the steps required to begin and finish your Gold Award Project.

Read through the Girl Scouts of Shagbark Council Gold Award General Guidelines to understand the requirements to earning the Gold Award. Attend a Council Gold Award Training or arrange for training through your Service Unit. Record the date completed at the bottom of this page and again on page 3 of your Project Proposal.

Create an agreement with your troop/group advisor. Your troop/group advisor will support you by letting you know about important policies and procedures particular to your Girl Scout Council and also by contributing ideas, asking questions to help you clarify your plans and advising you about the scale, scope and financing of your project.

Meet with your troop/group advisor and develop a timeline and plan describing when and how you'll earn each of the three awards in steps 2-4 and when you'll be ready to submit to your council your project proposal before starting step 5. Remember this will serve only as a guideline, setting goals is an important part of the process. Use *Form A in the Project Proposal packet* for your timeline.

In making your timeline, consider when you'll want to start step 5. Remember you have lots of time. You can do steps 1-4 when you are 14-18 or in grades 9-12. You need to be 15-18 or in grade 10-12 when you do steps 5-7.

Discuss with your troop/group advisor events offered through your Council, your Service Unit or your Area that might be applied toward earning any of the pre-requisite awards required for the Gold Award.

You may or may not have a Project Advisor at this step. That is okay. In the process of earning the 4Bs Challenge in Step 4, you will determine what your project will be and you will be able to enlist the assistance of a Project Advisor at that point.

Date completed Council Gold Award Training: \_\_\_\_\_

Troop/Group Advisor \_\_\_\_\_ Date \_\_\_\_\_

My Signature \_\_\_\_\_ Date \_\_\_\_\_

## STEP 2: LEAD

Leadership is the spark that can ignite action and release your unique creative potential. In Girl Scouts your leadership ability is sparked by putting the Girl Scout Law into action.

There are four steps to earning the Girl Scout Gold Leadership Award.

### **Set the Spark**

From the Interest Projects for Cadette and Senior Girl Scouts, (GSUSA 1997) book (available through the Council Shop, or available for checkout at the Council Resource Library), you must earn three Interest Projects. Use pages 3-8 of this packet to record what you did.

### ***Interest Project # 1 (log your activities on the following page)***

a) Choose and earn an Interest Project that you feel will help you practice living by one of these four sets of values:

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong

Which Interest Project did you choose? \_\_\_\_\_

How did you put the Girl Scout Law into practice? \_\_\_\_\_

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How did it help you be a better leader? \_\_\_\_\_

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**Interest Project Number 1**

**Interest Project Name:** \_\_\_\_\_

*Write in the activity numbers from each section and dates you completed. (For example: Skill Builders, #2, completed on 6/20/07)*

- **Skill Builders**  
(Two activities)

**Date Completed**

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

- **Technology**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Service Projects**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Career Exploration**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Two Other Activities**  
(Category and Activity Number)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

***Interest Project # 2 (log your activities on the following page)***

b) Choose and earn an Interest Project that you feel will help you practice living by one of these three values:

responsible for what I say and do,  
respect myself and others,  
respect authority,

Which Interest Project did you choose? \_\_\_\_\_

How did you put the Girl Scout Law into practice? \_\_\_\_\_

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How did it help you be a better leader? \_\_\_\_\_

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**Interest Project Number 2**

**Interest Project Name:** \_\_\_\_\_

*Write in the activity numbers from each section and dates you completed. (For example: Skill Builders, #2, completed on 6/20/07)*

- **Skill Builders**  
(Two activities)

**Date Completed**

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

- **Technology**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Service Projects**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Career Exploration**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Two Other Activities**  
(Category and Activity Number)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

***Interest Project # 3 (log your activities on the following page)***

c) Choose and earn an Interest Project that you feel will help you practice living one of these three sets of values:

use resources wisely,  
make the world a better place  
be a sister to every Girl Scout.

Which Interest Project did you choose? \_\_\_\_\_

How did you put the Girl Scout Law into practice? \_\_\_\_\_

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How did it help you be a better leader? \_\_\_\_\_

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**Interest Project Number 3**

**Interest Project Name:** \_\_\_\_\_

*Write in the activity numbers from each section and dates you completed. (For example: Skill Builders, #2, completed on 6/20/07)*

- **Skill Builders**  
(Two activities)

**Date Completed**

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

- **Technology**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Service Projects**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Career Exploration**  
(One Activity)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

- **Two Other Activities**  
(Category and Activity Number)

**Date Completed**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## STEP 2 (continued)

### Take Charge

Leaders need to learn to set and achieve their own goals. Learning the skills to act assertively will make you a confident leader.

Choose a book from the STUDIO 2B Focus series (available for purchase at the Council Shop or for checkout from your Service Unit), set your goals and earn the charm, by setting and achieving goals in conversations with an adult advisor.

### **Reflection:**

What was one goal you set? \_\_\_\_\_

\_\_\_\_\_

What's one thing you learned about achieving this goal? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How will it make you a better leader? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## STEP 2 (Continued):

### Put Leadership Into Action

#### The Girl Scout Gold Leadership Award

Now it's time to show your leadership skills! Spend 30 hours in a leadership role. Do any combination of the following to add up to 30 hours. Use *Form B in the Gold Award Project Proposal* to log your 30 hours in a leadership role.

- Be an officer in a group or club at school.
- Chair or be a captain of an extracurricular activity.
- Assist in leading a Girl Scout troop/group in your neighborhood or at camp.
- Serve in a leadership role in your council.
- Play a leadership role in your town or at a place of worship.
- Partner with or shadow a leader in your community.
- Check with your Service Unit or Project Advisor to see how else you can take a leadership role.

What did you decide to do: \_\_\_\_\_

\_\_\_\_\_

**Fast Track:** If you are pursuing any additional awards, such as Leader-in Training, Counselor-in Training, or Program Aide, you may apply your leadership hours to the Girl Scout Gold Leadership Award.

### Put It Together

Consider what you have learned in earning your Girl Scout Gold Leadership Award by completing these statements:

I demonstrated a real understanding of the Girl Scout Law by applying it to this situation in my life \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I learned that a leader needs to be \_\_\_\_\_

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In earning this award as a leader, I am very proud of accomplishing \_\_\_\_\_

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I have shown my personal integrity and honor by \_\_\_\_\_

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## STEP 4: EXPLORE

### Girl Scout Gold 4Bs Challenge

This challenge focuses on “Become, Belong, Believe and Build” and how activities relate to these concepts and the Girl Scout Law. The challenge is meant to lead a girl to a relevant Girl Scout Gold Award Project.

**Become:** celebrate yourself today and become your best self in the future.

**Belong:** be part of a group where you have fun, relate to others with respect, and develop lasting friendships.

**Believe:** develop your ideas and voice what’s important to you.

**Build:** take action on what you care about and make a difference.

The Girl Scout Gold 4B’s Challenge gives you the opportunity to apply the 4B’s to making a difference in your community and prepares you for taking on an even bigger challenge, the Girl Scout Gold Award Project.

#### **Become: Yourself**

- In order to become your best self, you need to set goals for your personal growth.
- What are your strongest skills in managing projects? Are you organized? Good at motivating others? Excellent at getting work done in the time you have planned?
- Which skills need work? Giving clearer directions? Using your time more effectively? Solving conflicts among group members better?

Decide on two skills you need to improve and the steps you will take to improve them. Specifically what will you do? Are your goals realistic? What is your timeframe to reach your goals?

1. Identified skill \_\_\_\_\_

Steps to improve \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Identified skill \_\_\_\_\_

Steps to improve \_\_\_\_\_

**Belong: Your community**

You belong to your community. Who else lives there? Find out more about your community and its members. Create a community profile. Following is a list of information resources:

- Girl Scout Council Office
- Social, service, professional organizations
- Town or county planning office
- Local school offices
- Local library
- City government offices
- Chamber of Commerce
- Yellow Pages
- Local colleges and universities
- Associations that promote issues for women, youth and children
- Community organizations
- U.S. census report
- County Health Department
- Community Web Sites
- State assembly member offices
- County cooperative extension office

List your community members/contacts below:

<u>Organization Name</u>	<u>Contact Person</u>	<u>Contact Person Position</u>	<u>Phone #</u>	<u>email</u>

**Believe: A vision for change**

Crafting a vision for change is the initial step for making the change become a reality.

Using what you learned above, answer these questions:

1. What are the top five needs of my community?

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2. How do I know that this statement is true? \_\_\_\_\_

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3. Why do these needs exist? \_\_\_\_\_

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4. What project can be done to address the root causes of these needs? \_\_\_\_\_

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5. Where do I fit in to addressing these causes? \_\_\_\_\_

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6. What will the community look like after the project is completed? \_\_\_\_\_

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7. What will be the long-term effects of the project on the community? \_\_\_\_\_

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8. Using your answers to these questions, draft a vision statement of change for one aspect of the community needs.

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**Build: Your network**

Based on what you have discovered in the section “Believe: A Vision for Change” about the people in your community, take it a step further.

Who are the other people in the community who care about this issue? \_\_\_\_\_

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What people in the community are affected by this issue? \_\_\_\_\_  
\_\_\_\_\_

Which people have the power to help solve this issue? \_\_\_\_\_  
\_\_\_\_\_

Who supports young people and community service? \_\_\_\_\_  
\_\_\_\_\_

Who are the political community leaders? \_\_\_\_\_  
\_\_\_\_\_

Who are the community leaders who are not elected officials? \_\_\_\_\_  
\_\_\_\_\_

How can you gain the support of the people you need to support your vision? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Explain how you would use your persuasive skills to help you persuade others to support your position on this issue. Use this space to explain. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **STEP 5: CREATE – Plan your Girl Scout Gold Award Project**

Step 5 can be found in the packet entitled “*The Girl Scout Gold Award Project Proposal*”.

## **STEP 6: ACT**

Once your project has been approved:

- Do it! Put plans into action.
- Adjust your plans if necessary.
- Carry out your project.
- Be sure to document everything you do!

## **STEP 7: REFLECT**

- Evaluate.
- Submit your Girl Scout Gold Award Final Report to the Gold Award Committee for approval. This can be found in the packet entitled “The Girl Scout Gold Award Paperwork”.
- Celebrate.